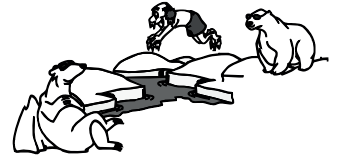




## **Liability Waiver and Entry Form**

LIABILITY WAIVER FOR

### **NEW BALTIMORE LIONS CLUB WINTERFEST POLAR BEAR PLUNGE**



**JANUARY 27, 2019**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

#### **WARNING: COLD WATER SWIMMING CAN PRODUCE INJURY AND / OR DEATH**

I, \_\_\_\_\_, have voluntarily elected to participate in the New Baltimore Lions Club Polar Bear Plunge. I fully understand that this involves jumping or running into the cold water of Anchor Bay under January winter weather conditions and that there are health and safety risks associated with this type of activity. I, therefore, assume all risk of injury and / or death associated with this event and I will not hold the New Baltimore Lions Club or any sponsors liable for any circumstance related to this event.

I hereby confirm that I am in good physical condition and do not suffer from any disabilities or physical conditions that places me at risk or otherwise should prohibit my participation in the New Baltimore Lions Club Winterfest Polar Bear Plunge.

Furthermore, in consideration of my participation in this program, I myself, my heirs, release the New Baltimore Lions Club, their sponsors and volunteers, from any and all claims, actions, demands, expenses, liabilities (including reasonable attorney's fees) and negligence made or brought by myself or said minor or by anyone on behalf of said minor, as a result of participation in the Event.

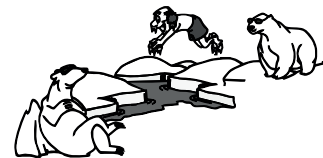
I, for myself or on behalf of said minor, further agree not to sue any of the officers, agents, affiliates, employees, contractors or volunteers, as a result of any injury, paralysis or death that might be suffered in connection with the participation in the Event.



**Liability Waiver and Entry Form (page 2)**

LIABILITY WAIVER FOR

**NEW BALTIMORE LIONS CLUB  
WINTERFEST  
POLAR BEAR PLUNGE**



**JANUARY 27, 2019**

I hereby affirm that I fully understand the preceding paragraphs and volunteer to participate at my own risk.

Participant: \_\_\_\_\_

Witness: \_\_\_\_\_

(Print names)

Signature: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Parent or Guardian

\_\_\_\_\_

(Required for participants under the age of 18)

Participants are expected to immerse themselves without wearing wetsuits, dry suits or other protective clothing.

**Footwear is highly recommended** due to safety concerns and the fact that numb feet may not feel objects in the water.

**PLEASE**

**ANYONE WITH HEART PROBLEMS – JUST WATCH THE EVENT!  
DO NOT DRINK – ALCOHOL DOES NOT WARM YOU UP – IT ACCELERATES HYPOTHERMIA.**

**DO NOT STAY IN THE WATER LONGER THAN 15 MINUTES.  
BODY HEAT IS LOST 25 TIMES FASTER IN WATER THAN IN AIR.**

**DO NOT REMOVE YOUR OUTER CLOTHING UNTIL SWIM TIME.**