## WARNING: COLD WATER SWIMMING CAN RESULT IN INJURY AND/OR DEATH

•	I, (print your name)	have voluntarily elected to
	participate in the New Baltimore Lions Polar Bear Plunge to take place on Sunda	
	February 25, 2024.	

- I fully understand that this involves running or jumping into Anchor Bay waters during
  winter weather conditions and there are health risks associated with this type of activity. I
  therefore assume all risk, death or injury associated with this event and will not hold the
  New Baltimore Lions Club or any sponsors liable for any circumstances in this event.
- I hereby confirm that I am in good physical condition and do not suffer from any disabilities
  or physical conditions that place me at risk or otherwise should prohibit my participation in
  the New Baltimore Lions Club Polar Plunge.
- Furthermore, in consideration of my participation of this program, I, my heirs, and peers release the New Baltimore Lions Club, their sponsors, and volunteers from <u>all</u> claims, actions, demands, expenses, <u>liabilities</u> (including reasonable attorney fees) and negligence made or brought by myself, said minor or anyone on behalf of said minor, because of participation in this event.
- I, for myself or on behalf of said minor, further agree not to sue any of the officers, agents, affiliates, employees, contractors, or volunteers because of any injury, paralysis or death that might be suffered in connection with the participation of the event.
- I hereby affirm that I fully understand and accept the New Baltimore Lions Club Liability Waiver and wish to participate at my own risk.

Participant Name:	
Participant Signature:	Date:
Print Witness Name:	
Witness Signature:	Date:
IF UNDER 18 YEARS OF AGE, PARE	NT OR LEGAL GUARDIAN MUST CONSENT
Parent or Legal Guardian Name:	

Date:

Parent or Legal Guardian Signature: